

Laatste kans ZB: Session: 1: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 08:30 untill 09:20. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M MEDLEY MIXED 10-9					Heat:1, starttime: 09:30
Heat: 1/5 Lane : 3 Athlete: DE DEYNE PAULIEN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY MIXED 10-9					Heat:1, starttime: 09:30
Heat: 1/5 Lane : 4 Athlete: T'JONCK MATHIJS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY MIXED 10-9					Heat:2, starttime: 09:33
Heat: 2/5 Lane : 6 Athlete: DOOMS VIC					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Laatste kans ZB: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 1: 100M MEDLEY MIXED 10-9					Heat:4, starttime: 09:38
Heat: 4/5 Lane : 3 Athlete: DEMAREST JAYDA					Q-time: 01:39:35
PB (25m pool): 01:39.35 Diksmuide 29/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.92		01:39.35	
	00:48.92		00:50.43		
					

Coach feedback:

Event number: 1: 100M MEDLEY MIXED 10-9					Heat:5, starttime: 09:40
Heat: 5/5 Lane : 6 Athlete: MOERMAN JASPER					Q-time: 01:30:68
PB (25m pool): 01:30.68 Diksmuide 29/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.24		01:30.68	
	00:44.24		00:46.44		
					

Coach feedback:

Event number: 1: 100M MEDLEY MIXED 10-9					Heat:5, starttime: 09:40
Heat: 5/5 Lane : 7 Athlete: DECAESTECKER OONA					Q-time: 01:33:30
PB (25m pool): 01:33.30 Diksmuide 29/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.97		01:33.30	
	00:44.97		00:48.33		
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 09:55
Heat: 4/4 Lane : 4 Athlete: MIGOM LOBKE							Q-time: 02:29:99
PB (25m pool): 02:29.99 Diksmuide 01/12/2024							PB (50m pool): 02:35.11 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB		00:32.83		01:10.15		01:57.23	02:29.99
	00:32.83		00:37.32		00:47.08		00:32.76
							

Coach feedback:

Laatste kans ZB: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 4: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 10:28
Heat: 2/4 Lane : 2 Athlete: T JONCK MATHIJS					Q-time: 01:41:62
PB (25m pool): 01:34.80 Torhout 06/12/2025					PB (50m pool): no time SB: 01:34.80 Torhout 06/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.14		01:34.80	
	00:44.14		00:50.66		
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 10:41
Heat: 3/9 Lane : 3 Athlete: PLATA AMELIA					Q-time: 01:25:84
PB (25m pool): 01:25.84 Menen 01/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.09		01:25.84	
	00:40.09		00:45.75		
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 10:41
Heat: 3/9 Lane : 4 Athlete: HOORNE ELISE					Q-time: 01:23:78
PB (25m pool): 01:23.78 leper 05/01/2025					PB (50m pool): 01:23.60 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.09		01:23.78	
	00:39.09		00:44.69		
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 10:41
Heat: 3/9 Lane : 5 Athlete: SEYS ORPHEE					Q-time: 01:24:63
PB (25m pool): 01:24.63 leper 05/01/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.48		01:24.63	
	00:40.48		00:44.15		
					

Coach feedback:

Laatste kans ZB: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 10:45
Heat: 5/9 Lane : 3 Athlete: TOMMISSEN SIMONAH					Q-time: 01:13:37
PB (25m pool): 01:13.37 Ettelbruck 20/04/2025					PB (50m pool): 01:14.96 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.02		01:13.37	
	00:36.02		00:37.35		
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 10:45
Heat: 5/9 Lane : 5 Athlete: VANDAMME BRITT					Q-time: 01:13:32
PB (25m pool): 01:13.32 Ettelbruck 20/04/2025					PB (50m pool): 01:14.12 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.04		01:13.32	
	00:36.04		00:37.28		
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 10:47
Heat: 6/9 Lane : 5 Athlete: GHEKIERE JUNE					Q-time: 01:10:93
PB (25m pool): 01:10.93 Zwevegem 11/05/2025					PB (50m pool): 01:12.33 SB: 01:11.04 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.10		01:10.93	
	00:35.10		00:35.83		
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 10:49
Heat: 7/9 Lane : 4 Athlete: THYVELEN LISE					Q-time: 01:05:81
PB (25m pool): 01:05.81 LAGO Zwevegem 05/05/2024					PB (50m pool): 01:07.28 SB: 01:08.90 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:05.81	
	no time				
					

Coach feedback:

Laatste kans ZB: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 10:49
Heat: 7/9 Lane : 6 Athlete: CASTELEYN YANA					Q-time: 01:07:52
PB (25m pool): 01:07.52 Diksmuide 12/10/2025					PB (50m pool): 01:09.08 SB: 01:07.52 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:07.52	
	no time				
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 10:49
Heat: 7/9 Lane : 7 Athlete: DEMAREST HAILEY					Q-time: 01:08:69
PB (25m pool): 01:08.69 Zwevegem 11/05/2025					PB (50m pool): 01:10.21 SB: 01:09.19 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.25		01:08.69	
	00:33.25 00:35.44				
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 10:51
Heat: 8/9 Lane : 2 Athlete: DEMUYNCK MARGOT					Q-time: 01:05:45
PB (25m pool): 01:05.45 Nijlen 17/11/2024					PB (50m pool): 01:07.98 SB: 01:07.60 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.14		01:05.45	
	00:31.14 00:34.31				
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 10:51
Heat: 8/9 Lane : 3 Athlete: DELPORTE ELLE					Q-time: 01:04:70
PB (25m pool): 01:04.70 Ettelbruck 20/04/2025					PB (50m pool): 01:06.17 SB: 01:05.71 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.94		01:04.70	
	00:30.94 00:33.76				
					

Coach feedback:

Laatste kans ZB: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:9, starttime: 10:52
Heat: 9/9 Lane : 2 Athlete: BOUTTELEGIER ANAÏS					Q-time: 01:02:52
PB (25m pool): 01:02.52 Ettelbruck 20/04/2025					PB (50m pool): 01:05.66 SB: 01:03.85 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.66		01:02.52	
	00:30.66		00:31.86		
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:9, starttime: 10:52
Heat: 9/9 Lane : 5 Athlete: EECKHOUT FLEUR					Q-time: 01:00:33
PB (25m pool): 01:00.33 Diksmuide 29/12/2024					PB (50m pool): 01:01.73 SB: 01:01.71 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.61		01:00.33	
	00:29.61		00:30.72		
					

Coach feedback:

Event number: 5: 100M FREESTYLE WOMEN 11+					Heat:9, starttime: 10:52
Heat: 9/9 Lane : 7 Athlete: NOTREDAME INE					Q-time: 01:02:82
PB (25m pool): 01:02.82 Zwevegem 11/05/2025					PB (50m pool): 01:04.22 SB: 01:04.24 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.64		01:02.82	
	00:30.64		00:32.18		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:1, starttime: 10:54
Heat: 1/10 Lane : 3 Athlete: TAMPERE EDEN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Laatste kans ZB: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 6: 100M FREESTYLE MEN 11+					Heat:2, starttime: 10:57
Heat: 2/10 Lane : 4 Athlete: VERGAUWE MARTIJN					Q-time: 01:27:79
PB (25m pool): 01:27.79 Menen 01/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.71		01:27.79	
	00:41.71		00:46.08		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:3, starttime: 10:59
Heat: 3/10 Lane : 2 Athlete: KINDT NOAH					Q-time: 01:22:11
PB (25m pool): 01:22.11 Menen 01/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.48		01:22.11	
	00:39.48		00:42.63		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:3, starttime: 10:59
Heat: 3/10 Lane : 6 Athlete: THYVELEN RUNE					Q-time: 01:21:47
PB (25m pool): 01:21.47 Diksmuide 29/12/2024					PB (50m pool): 01:24.33 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.68		01:21.47	
	00:37.68		00:43.79		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:4, starttime: 11:01
Heat: 4/10 Lane : 3 Athlete: STAELEN QUINTEN					Q-time: 01:11:99
PB (25m pool): 01:11.99 Diksmuide 12/10/2025					PB (50m pool): 01:17.18 SB: 01:11.99 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.77		01:11.99	
	00:34.77		00:37.22		
					

Coach feedback:

Laatste kans ZB: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 6: 100M FREESTYLE MEN 11+					Heat:4, starttime: 11:01
Heat: 4/10 Lane : 4 Athlete: VANHAECKE LOWIE					Q-time: 01:10:67
PB (25m pool): 01:10.17 Temse 17/11/2025					PB (50m pool): 01:10.75 SB: 01:10.17 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.97		01:10.17	
	00:33.97		00:36.20		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:5, starttime: 11:03
Heat: 5/10 Lane : 4 Athlete: VAN BRABANT BENJAMIN					Q-time: 01:06:48
PB (25m pool): 01:06.48 Diksmuide 12/10/2025					PB (50m pool): 01:09.42 SB: 01:06.48 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.90		01:06.48	
	00:31.90		00:34.58		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:7, starttime: 11:07
Heat: 7/10 Lane : 5 Athlete: DE GRYSSE HAMZA					Q-time: 00:59:95
PB (25m pool): 00:59.95 Zwevegem 11/05/2025					PB (50m pool): 01:01.62 SB: 01:00.08 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.79		00:59.95	
	00:28.79		00:31.16		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:7, starttime: 11:07
Heat: 7/10 Lane : 7 Athlete: DEVRIESE SKY					Q-time: 01:01:17
PB (25m pool): 01:01.17 Diksmuide 12/10/2025					PB (50m pool): 01:02.35 SB: 01:01.17 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.35		01:01.17	
	00:29.35		00:31.82		
					

Coach feedback:

Laatste kans ZB: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 6: 100M FREESTYLE MEN 11+					Heat:8, starttime: 11:08
Heat: 8/10 Lane : 2 Athlete: VANDENWEGHE MIEL					Q-time: 00:59:39
PB (25m pool): 00:59.39 Brugge 20/10/2024					PB (50m pool): 01:01.01 SB: 01:01.20 Eeklo 21/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.83		00:59.39	
	00:27.83		00:31.56		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:8, starttime: 11:08
Heat: 8/10 Lane : 3 Athlete: PLOVIE FLYNN					Q-time: 00:58:80
PB (25m pool): 00:58.66 Nijlen 16/11/2025					PB (50m pool): 01:01.31 SB: 00:58.66 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.18		00:58.66	
	00:28.18		00:30.48		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:8, starttime: 11:08
Heat: 8/10 Lane : 7 Athlete: VANDAMME LUCAS					Q-time: 00:59:52
PB (25m pool): 00:59.52 Zwevegem 11/05/2025					PB (50m pool): 01:00.54 SB: 00:59.73 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.31		00:59.52	
	00:29.31		00:30.21		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:9, starttime: 11:10
Heat: 9/10 Lane : 6 Athlete: DELPORTE NIO					Q-time: 00:56:37
PB (25m pool): 00:55.93 Nijlen 16/11/2025					PB (50m pool): 00:57.69 SB: 00:55.93 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.23		00:55.93	
	00:27.23		00:28.70		
					

Coach feedback:

Laatste kans ZB: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 6: 100M FREESTYLE MEN 11+					Heat:10, starttime: 11:12
Heat: 10/10 Lane : 5 Athlete: DE CRAEMER CAS					Q-time: 00:53:31
PB (25m pool): 00:53.31 Ettelbruck 20/04/2025					PB (50m pool): 00:55.68 SB: 00:53.75 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:25.93		00:53.31	
	00:25.93		00:27.38		
					

Coach feedback:

Event number: 6: 100M FREESTYLE MEN 11+					Heat:10, starttime: 11:12
Heat: 10/10 Lane : 7 Athlete: EECKHOUT SIEBEN					Q-time: 00:55:49
PB (25m pool): 00:55.49 Zwevegem 11/05/2025					PB (50m pool): 00:57.67 SB: 00:55.52 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.45		00:55.49	
	00:26.45		00:29.04		
					

Coach feedback:

Event number: 7: 4x50M MEDLEY MIXED 11+							Heat:2, starttime: 11:17
Heat: 2/3 Lane : 2 Athlete: TEAM ZB 4							Q-time: 02:22:27
PB (25m pool):			PB (50m pool):		SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB							
							

Coach feedback:

Event number: 7: 4x50M MEDLEY MIXED 11+							Heat:2, starttime: 11:17
Heat: 2/3 Lane : 3 Athlete: TEAM ZB 3							Q-time: 02:12:79
PB (25m pool):			PB (50m pool):		SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB							
							

Coach feedback:

Laatste kans ZB: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 7: 4x50M MEDLEY MIXED 11+							Heat:3, starttime: 11:20	
Heat: 3/3 Lane : 3 Athlete: TEAM ZB 1							Q-time: 01:56:61	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 7: 4x50M MEDLEY MIXED 11+							Heat:3, starttime: 11:20	
Heat: 3/3 Lane : 6 Athlete: TEAM ZB 2							Q-time: 02:01:54	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: